



**2022 -2023 Plan year**

Exercise has been shown to help improve or prevent many health conditions. For the 2022-2023 wellness plan we have included participating in a community or church league sport. Please fill out the information below as your proof of enrollment in a league sport if you do not have other applicable documentation.

Name of Church or Community League: \_\_\_\_\_

Sport played: \_\_\_\_\_

Date range: \_\_\_\_\_

Describe your participation:

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\_\_\_\_\_ I participated in a League sport during the 2022-2023 benefits year. By signing my initials, I am confirming that I have participated in a League sport. I understand that this is on the honor system, and that fraudulent misrepresentation on my part may result in disciplinary action. I understand I may qualify for the Wellness incentive program.

Employee Name (please print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_