



2020 -2021 Plan year

Exercise has been shown to help improve or prevent many health conditions. For the 2020-2021 wellness plan we have included participating in a community or church league sport. Please fill out the information below as your proof of enrollment in a league sport if you do not have other applicable documentation.

Name of Church or Community League: _____

Sport played: _____ Date range: _____

Describe your participation: _____

_____ I participated in a League sport during the 2020-2021 benefits year. By signing my initials, I am confirming that I have participated in a League sport. I understand that this is on the honor system, and that fraudulent misrepresentation on my part may result in disciplinary action. I understand I may qualify for the Wellness incentive program.

Employee Name (please print): _____

Signature: _____ Date: _____